



ADVOCATES! Please follow these steps to keep yourself safe and prevent the spread of infection as you care for clients in their homes! Thank you for your dedication to the children and families in our care.

Please restrict home visits as often as possible and use alternate methods of communication, like phone, video chat or other electronic communication. If you must use face to face interaction, please follow CDC recommendation on social distance, hand hygiene and covering cough.

The goal of this instruction is to improve your personnel safety and the safety of others if you must move between homes, through appropriate use of protective equipment.

Step 1: Understand your home visit.

How many people reside in the home and have any developed symptoms suggestive of COVID-19 (e.g., fever, cough, shortness of breath)?

Take extra precautions if there are symptomatic individuals in the home.

Step 2: Take Precautions to prevent the spread of virus into the home and out of the home by using disinfectant wipes and handwash, disposable gloves and facemask when necessary.

This kit includes:

- Reusable facemask
- Disinfectant wipes
- Disinfectant hand wash
- Disposable gloves
- Instruction card (see reverse)

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3377 Packerland Drive, P.O. Box 5699, De Pere, WI 54115 • P: 920.764.2485 • F: 920.339.0425 www.advocateswi.com

Information about your reusable facemask – wear if individuals in the home are symptomatic

Your facemask is reusable! Although homemade masks are not considered PPE, since their capability to protect HCP is unknown, they are a good line of defense in as opposed to no face covering. Please wash your facemask daily in hot water or soak your reusable facemask in a solution of 4 teaspoons bleach mixed with 4 cups of hot water, rinse with hot water and dry thoroughly.

Information about Disinfectant wipes and hand wash – use immediately before entering and after leaving a home, wipe down hard surfaces like steering wheel, phone, pens, laptops.

Information about disposable gloves – wear if individuals in the home are symptomatic

Limit opportunities for “touch contamination” - protect yourself, others and environmental surfaces. How many times have you seen someone adjust their glasses, rub their nose or touch their face with gloves that have been in contact with a potentially contaminated surface? This is one example of “touch contamination” that can potentially expose oneself to infectious agents. Think about environmental surfaces too and avoid unnecessarily touching them with contaminated gloves. Surfaces such as light switches, door and cabinet knobs can become contaminated if touched by soiled gloves. Limit what you touch. Dispose of gloves in trash after one use.

<https://www.cdc.gov/hai/pdfs/ppe/ppeslides6-29-04.pdf>