

Family Enrichment

EMPOWERING PARENTS · INCREASING SELF-ESTEEM · IMPROVING CHILD BEHAVIOR · CREATING SAFETY · PROMOTING ATTACHMENT · STRENGTHENING BONDS

A team approach, involving county social workers, Advocates staff, and other identified family supports, offering guidance, education and a tool box of approaches to empower parents and caregivers to know what works for their child.

Advocates Family Enrichment Program supports parents. The Family Enrichment team of specialists understand that parents, too, have a need for connection, and reliable, nurturing relationships in order to provide the same to their children. Family Enrichment staff focus first, on connecting and role modeling what meaningful relationships look and feel like.

Through use of *Trauma Informed Parenting* and *Present Moment Parenting* models, parents not only gain understanding for the reasons behind their child's needs but, develop a "tool box" to assist them in supporting their children. Parents also find the support and resources to create positive meaningful relationships with their children.

Family Enrichment Specialists utilize trauma-informed "Present Moment Parenting" based out of the book, Present Moment Parenting: The Guide to a Peaceful Life with Your Intense Child (2017) by Tina Feigal, M.S. Ed as well as Trauma informed parenting curriculum from The National Child Traumatic Stress Network, <https://www.nctsn.org/>.

About the Family Enrichment Team

- first connect with parents**, taking time to build that relationship. The Family Enrichment Team acknowledges that there's no easy fix for the challenges families face; one way to effectively improve parenting is through healthy relationships. Once the trusting relationship is established, staff empower parents by modeling how to handle situations on their own.
- are members of a care team**, offering greater perspective of the effects trauma has on child behavior. This team is experienced in teaching adults to react to child behaviors in ways that promote safety and trust.
- are trained in evidence-based parenting methods**, *Present Moment Parenting* and *Trauma Informed Parenting*, that focus on techniques for parents of children who have experienced trauma.
- can refer to psychotherapy** if necessary, for parents who are healing from their own trauma, which can get in the way of healthy parenting
- are partners in the family's success** helping navigate the many resources available for children and families.
- offer emotional support to parents** who may struggle with other family relationships.

Family Enrichment is a necessary component of the Advocates High Needs Model; focusing on keeping families together, reducing the length of time a child is placed in Out of Home Care, supporting caregivers following reunification, and keeping children WITH their families and IN their community.

Contact Alisha Haase with questions
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or to make a referral, visit
advocateswi.com/submit-a-referral



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